

# MILK MATTERS

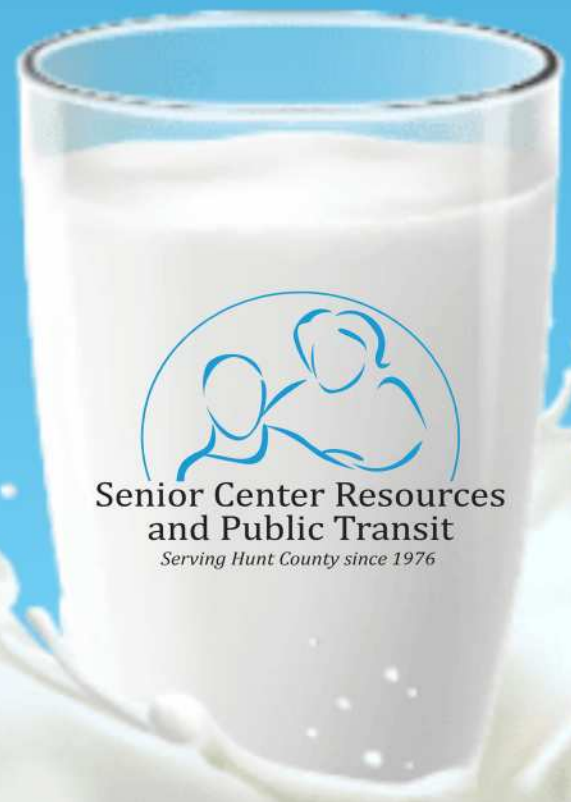
## Campaign

### DID YOU KNOW?

Calcium & Vitamin D are essential for maintaining strong bones and overall health as we age? Many seniors don't get enough dairy in their diets, which can lead to health risks like osteoporosis and weakened immunity.

### HOW CAN YOU HELP?

- ✓ Donate TODAY!
- ✓ Support local Seniors through Hunt County Meals on Wheels!
- ✓ Spread the word - because MILK MATTERS!



Scan to donate  
TODAY!

[www.scrpt.org](http://www.scrpt.org)